

Here is the information on the Yarrow Tea. Lord willing I will have the information on the Burdock Root poultice shortly.

Treatment to aid Marburg Hemorrhaging Sickness

(Please remember I am not a doctor or an herbalist. I am sharing what my lovely Jesus has revealed for me to do if faced with this sickness. Prayerfully seek Jesus in all these things and let him lead you how you, yourself should proceed and prepare in this situation!)

(As sickness progresses, bleeding occurs in body orifices...nose, eyes, ears and body cavity)

*White Willow Bark can be taken for fever and pain as well as other fever reducing medicines.

***First and foremost, pray in Jesus' name as you prepare, apply and remove all remedies that our lovely Jesus has given us! ***

The Yarrow tea is not a preventative, but a medicinal aid after the Marburg has come upon someone.

When the onset of a rash appears on the body, after a fever, headache and muscle aches and chills...any of these things, then begin drinking the tea.

YARROW TEA (aids in sweating and stopping internal bleeding)

These instructions are for the use of the dried yarrow flower.

1 teaspoon for every 4 ounces of water.

Make the tea by either pouring boiling water in an individual cup or by the pot full, but you will have to determine how many ounces of water you have in your pot, then add 1 teaspoon for every 4 ounces you have.

If making only 4 ounces at a time, you can put the dried yarrow flowers into the boiling water. Let remain for 1-2 minutes. Let it set for about 5-10 minutes then strain with a strainer or piece of cloth to remove the yarrow parts. This tea can be drunk immediately, but for a more potent tea, then you would need to steep the tea for at least 4 hours.

Steeping the tea instructions:

I will use a quart size jar as an illustration. A quart jar contains 32 ounces inside of it. You need 1 teaspoon for every 4 ounces. In a quart jar you will need to put 8 teaspoons of the dried yarrow into the jar first. Also place a metal utensil such as a spoon inside the jar with the yarrow. Then boil your water.

Next, pour the boiling water over the yarrow in the quart jar. The utensil placed inside the jar with the yarrow should keep the jar from being “shocked” by the hot water and keep it from cracking from the quick change of heat when the boiling water is added.

Cover the quart jar with a lid and then let set for at least 4 hours. This is the steeping. After steeping is done, remove the dried yarrow from the tea by straining with a strainer or piece of material. It is now ready to drink. You can reheat it at this time if you so desire to do so. Store the tea in the refrigerator and then reheat by microwave or stove when needed.

Take up to 4 times a day

13-years to adults: full 4 ounces = 1 dose

Children 5-12: 3 ounces = 1 dose

Children 4 and under: 1 ½ - 2 ounces = 1 dose (A child that is heavier than normal will need the full 2 ounces)

I do not know how many doses a person will need, so if purchasing the yarrow, buy accordingly to what the Holy Spirit leads each individual to do.

I was able to purchase both the Burdock root and the Yarrow at <http://www.vitacost.com>

Thank you and God bless!